

PERSONAL INFORMATION		
Name Surname	Nazmiye Tuğba BAHAR	
Address	Giresun, Turkey	
E-mail	ntugba_bahar@hotmail.com tugba.bahar@giresun.edu.tr	
EDUCATION INFORMATION		
2017 – 2020	Master's Degree: Department of Gerontology, Institute of Health Sciences, Akdeniz University. Grade: 4.00/4.00 GPA Title of Thesis: <i>‘Healthy Lifestyle Behaviors and the Relationship between Socio-Demographic Factors and Wellness’</i> .	
2012 – 2017	Bachelor's Degree: Department of Gerontology, Faculty of Science and Literature, Akdeniz University Grade: 3.35/4.00 GPA Title of thesis: <i>'The Effect of Appropriateness of Environmental Factors on Falling Down in Old Age and Community Expectation’</i>	
2012 – 2018	Bachelor's Degree: Department of Business Administration, Faculty of Economics and Administrative Sciences, Anadolu University	
SKILLS		
Language Skills	English: IELTS 5.5 / B2 Turkish Sign Language: Intermediate Level	
Computer Skills	Office Programs: Good SPSS: Good R Statistic: Beginner	
Teaching Skills	Volunteer Tutor: Antalya 60+ Tazelenme University / 2018-2020 Assistant Tutor: Department of Gerontology, Faculty of Health Sciences, Akdeniz University / 2017-2020 Educator: National Dementia Program / 2014	
Leadership Skills	Coordinator: Mandala Workshop ‘Let's Meet In Colors’ Coordinator: <i>Private Antalya</i> Nursing Home Free Time Work Coordinator: <i>Gülen Kalpler</i> Nursing Home Visit	

WORK EXPERIENCE**2020 - ...****Lecturer:** Elderly Care Program, Department of Health Care Services, Vocational School of Health Services, Giresun University**ADMINISTRATIVE DUTIES****2021 - ...****Quality Board Member:** Vocational School Of Health Services, Giresun University**INTERNSHIP EXPERIENCE****November-December 2017***Antalya Halil Akyuz Nursing Home***July-September 2017**

Department of Psychiatry, Akdeniz University Hospital

April-June 2017

Antalya Family and Social Policies Provincial Directorate

January-March 2017*Mavi Ev* Alzheimer's Patient and Patient Relatives Meeting Center**June-August 2016***Altınçatı Gordion* Nursing Home and Elderly Care Home**SCHOLARSHIPS****2019 - ...****Republic of Turkey Ministry of Education YLSY scholarship:** PhD student in Aging and Older Adults Health**PUBLICATIONS and PRESENTATIONS**

Akkaya Kozak, D., **Bahar, N.T.**, Ay, F., Kılıç, B., Özgün Başıbüyük, G. 2021. "Falling Situations Of Older Adults In Turkey", *Journal of Antropology* (41), 11-20. [in Turkish with English abstract].

Bahar, N.T., Başıbüyük, H.H. 2020. "Alcohol, Tobacco, Medical Device Use and Wellness In Older Age", *Gevher Nesibe Journal Of Medical & Health Sciences*, 5(8), 61-66. [in Turkish with English abstract].

Bahar, N.T., Başıbüyük, H.H. 2019. "Wellness assessment of Antalya 60+ Tazelenme University students", *Journal of Ankara Health Sciences*, 1, 160-173. [in Turkish with English abstract]

Bahar, N.T., Akkaya, D., Kılıç, B., Bozkurt, S., Başıbüyük, H.H. "The Role of Gerontology in Care Sector", 10th National Congress of Old Age, 25-27 April 2019, Denizli [Oral presentation, full text printed in the Congress Proceeding].

Saeidlou, S.N., Bektaş, Y., Başıbüyük, G.Ö., **Bahar, N.T.** & Akkaya, D., "Society Aging In The 21st Century" International Congress of Philosophy and Social Sciences of Cappadocia, 25-27 April 2019, Nevşehir. [Oral presentation, abstract printed in the Congress Proceeding].

Akkaya, D., **Bahar, N.T.**, Ay, F., Çınar, Z. & Başıbüyük, G.Ö., International Health and Sports Sciences Symposium, 18-20 April 2019, Alanya. [Oral presentation].

Bahar, N.T., Başbüyük, H.H. "Relationship of socio-demographic factors with healthy lifestyle behaviors", 3. International, 12th National Izmir advanced Age Symposium, 27-28 February 2019, Izmir [Poster presentation, abstract printed in the Congress Proceeding].

Bahar, N.T., Özgür, Ö., Budak, B., Asadi Faezi, S., Özgün Başbüyük, G. "Investigation of Obesity in 60+ Third Age University Students", 8th International Social & Applied Gerontology Symposium, 22-23 October 2018, Antalya. [Poster presentation, abstract printed in the Congress Proceeding].

Bahar, N.T., Başbüyük, H.H. "Healthy lifestyle behaviors and the relationship of socio - demographic factors with well-being", 8th International Symposium on social and applied Gerontology, 22-23 October 2018, Antalya [Oral presentation].

Bahar, N. T., Yılmaz, D. "The Effect of Compliance of Environmental Factors on Falling in Old Age and Community Expectancy", *Unpublished Undergraduate Thesis*, 2017.

Tufan, İ., **Bahar, N.T.** "Social Care Insurance", 9th National Old Age Congress, 4-6 May 2017, Kırşehir [Oral presentation, full text printed in the Congress Proceeding].

Projects	
June 2019-February 2020 Antalya, Turkey	Researcher: Master's thesis: Scientific Research Project (BAP), Akdeniz University
November 2017 Antalya, Turkey	Participant: Youth Exchanges Action - Social Poverty Workshop
April 14, 2015 Smolyan, Bulgaria	Participant: Project" Together " Erasmus+: Life is beautiful
January 23, 2015 Kırşehir, Turkey	Researcher: Wheat Ecological Life Support Association Mainframe Project
CONFERENCES AND TRAININGS	
21 November 2020 Antalya, Turkey	9th International Symposium on Social and Applied Gerontology: Digital Aging
25-27 September 2020 Ankara, Turkey	National Congress Of Geriatric Hematology
September 9-11, 2020 Antalya, Turkey	Akdeniz University Tuberculosis Studies and Application Center Training Program
25-27 April 2019	10th National Old Age Congress

Denizli, Turkey	
18-20 April 2019 Alanya, Turkey	5th International Symposium on Health and Sports Sciences
27-28 February 2019 Izmir, Turkey	3rd International, 12th National Izmir Advanced Age Symposium
8-11 November 2018 Antalya, Turkey	Bioinformatics Workshop: Widely Used Methods and Analyses
22-23 October 2018 Antalya, Turkey	8th International Symposium on Social and Applied Gerontology
21-22 March 2018 Izmir, Turkey	2nd International 11th National Izmir Advanced Age Symposium
August 2017 Eskisehir, Turkey	Academia: Basic First Aid Training
June 2017 Ankara, Turkey	Occupational Health and Safety Services for Employer and Employer Representative
04-06 May 2017 Kırşehir, Turkey	9th National Old Age Congress
October 21-22, 2016 Afyonkarahisar, Turkey	International Aged Care Network and Local Government Symposium
19-20 October 2016 Antalya, Turkey	7th International Symposium on Social and Applied Gerontology
23-24 March 2016 Izmir, Turkey	Izmir 9th Advanced Age Symposium: Getting A Pleasant Age
January 1 May-May 31, 2015 Antalya, Turkey	Turkish Sign Language
15-17 November 2014 Antalya, Turkey	6th International Symposium on Social and Applied Gerontology
01-02 November 2012 Antalya, Turkey	5th International Symposium on Psycho-social and Applied Gerontology

SOCIAL AWARENESS MOVEMENTS

Theater Player: Akdeniz University Creative Arts Ensemble

Autism Awareness and Kite Festival

Traditional Gerontology Games

Traditional Health and Long Life Awareness Walk

Turkey International Gerontology Awards

